

Where is the Follow-up Clinic?

The St. John's Follow-up Clinic is on the 4th Floor of the Carol Jo Vecchie Building, across from the NICU lounge. As you exit the elevators, it is on the left. Park in the Carpenter Street ramp.

What if I cannot come on my given date?

If you need a new date, call (217) 757-6399. If you must miss the Follow-up Clinic, call us. Give us enough time to schedule another family. We can change the date, but the Clinic is only on Tuesday mornings.



Children's St. John's Hospital

In partnership with the SIU School of Medicine

800 E. Carpenter Street
Springfield, IL 62769

NICU Follow-up Clinic

(217) 757-6399

Parent Help Line

(217) 544-5808 or 1-888-727-5889



Funding provided by March of Dimes Illinois Chapter
9389-C 1/09

NICU Follow-up Clinic

Developmental Continuity Clinic

You are going home today, but our NICU staff will see you and your baby four more times.



NICU Follow-up Clinic
visits are at 6 months,
12 months, 2 years and
3 years of age.

 Children's
St. John's Hospital

In partnership with the SIU School of Medicine



We will see you soon!

Because your child is a NICU graduate, you get to come back to the NICU Follow-up Clinic. We watched with care as your baby grew during the past weeks. Now, St. John's staff will follow your baby closely over the next *three* years. The Follow-up Clinic is a *free* service.

Your doctor will see your baby for well-baby checkups. The NICU Follow-up Clinic will test your child's development. We call this a developmental screening.

Why should I do this for my child?

NICU babies may have delays in mastering skills. Parents do not always see these delays. If we have concerns, we can refer you to services that can help your child be his best. One out of three NICU graduates has delays. We want your child's delay corrected before his preschool screening test. Please make every effort to keep your appointment.

How does a developmental screening differ from a medical exam?

Our staff will look at your baby's strengths and weaknesses. We test what your baby can do and how he learns. We look at:

Social Skills:

How does your baby interact with others? How does he handle emotions?

Language:

How does your child tell you or others her needs? How does she interact with others?

Intellect:

How does your child problem solve?

Fine Motor:

How does your child use his small muscles, eyes and hands?

Gross Motor:

Does your child roll over, sit, walk and jump?

When is the NICU Follow-up Clinic?

The NICU Follow-up Clinic is held every Tuesday from 9 a.m. - noon. Your baby will spend about two hours with us. We will see your baby at the ages of six months, one year, two years and three years (corrected age).

What is corrected age?

If your baby was born early, we look at her level of development from the date she should have been born (child's original due date).

What happens during each visit?

During the visit, your baby may see:

- a nurse;
- a clinical psychologist;
- a speech therapist;
- a occupational therapist;
- a physical therapist;
- your baby's neonatologist; and
- an early intervention intake specialist.

A nurse will ask questions and measure your child's weight and length. A neonatologist will examine your child. The others will test your baby. They all will answer any questions you may have. Sometimes your baby may not need a full evaluation. Your doctor just may want the nurse to screen for milestones.

