



Retreat and Refresh

2008 Stroke Camp Retreat

October 10-12, 2008

Chiara Center

Springfield, IL

Join us for a getaway weekend for stroke survivors, caregivers and family members of all ages. The Chiara Center is located on the Hospital Sisters of the Third Order of St. Francis grounds and is conveniently located just off I-55 at 4875 Laverna Road in Springfield.

This is an excellent opportunity to get out again after stroke as staff will be on hand to assist with the caregiving needs of the stroke survivor. Activities are planned for both the stroke survivor and caregiver so all participants can spend some private time getting back to nature. Lodging is in private rooms with nearby handicapped-accessible bathrooms.

The retreat cost is \$100 per person. This includes two nights lodging and meals from Friday afternoon to Sunday lunch. Please note that at least one caregiver is asked to attend with each stroke survivor when possible. Registration and health forms are available by contacting Marylee Nunley at 309-645-9258 or phone St. John's at 217-544-6464 x44072 or x44248.



A Camping *Experience* for Stroke
Survivors & Their Caregivers

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