

## Parents Are Teachers

*Parents must teach their children the skills necessary to get along with others. A child with social skills can make good choices. He can cooperate with others. When problems arise, social skills help kids settle fights without hurt.*

A pre-school child should begin to learn these skills.

### Manners

- How to *ask for permission* instead of just doing what he wants.
- How to make and keep friends.
- How to share.
- How to talk to people: teachers, other students.



### Classroom Behavior

- How to listen.
- How to ask questions.
- What to do if someone else misbehaves.

### Parents can help with:

#### Feelings

- Ask how your child feels.
- Talk about how others feel.
- Talk about what to do when your child feels sad, bad, mad.

#### Choices

- Talk about choices to make during a conflict.
- Let your child make choices suitable for his age: what pajamas to wear, what book to read, which bathtub toy to play with at bath time.

#### Stress

- Talk about making mistakes—what to do when a mistake is made.
- Talk about what to do when someone teases.

**Call the Parent Help Line. We listen. We can find you help.**

**1-217-544-5808 or 1-888-727-5889 from 10 a.m. to 10 p.m. , 7 days a week.**