

Parents want teens to make wise decisions about dating. Teens need guidance from parents. They have questions. They also have access to a lot of information.

An important part of parenting is talking to kids about love, intimacy and sex.

Talk To Your Kids About Dating

- Be available to talk with your teen.
- Encourage your teen to talk and ask questions.
- Listen carefully. Stay calm during your discussions. Do not criticize.
- Relate sex to love, intimacy, caring and respect for oneself and one's partner.
- Share your values and concerns.
- Discuss responsibility for choices and decisions.
- Talk about pros and cons of choices.
- Each of your children is different. Your approach for each child will not be the same.



For more information log on to the American Academy of Child & Adolescent Psychiatry – Facts for Families at www.aacap.org/.

Call the Parent Help Line. We listen. We can find you help.
1-217-544-5808 or 1-888-727-5889 from 10 a.m. to 10 p.m., 7 days a week
or log onto www.parenthelpline.org