



Dangers of Steroid Use by Teens

Anabolic steroid use is illegal. It can be dangerous and cause life-threatening effects. In addition, bad effects may not show up for years.

Dangerous side-effects of steroid use include:

- Early fusion of bone that prevents full growth of bones
- Liver tumors and damage
- Enlarged heart muscles
- Violent mood swings
- Aggressiveness and angry outbursts
- Heart disease
- Muscle aches
- Baldness
- Stretchmarks
- Increased cholesterol and lipid levels
- Increased breast growth in males, especially teens
- Masculine characteristics in females that include decreased breast size, deepening of the voice, loss of hair on the head and increased hair growth on other parts of the body
- In males, shrinking of the testes
- Hallucinations, paranoia and psychosis
- Diarrhea
- Acne
- Stomach and muscle cramps and
- Drug dependence.

Talk to your teen about the risks of using illegal steroids and other performance-enhancing drugs and supplements.

Call the Parent Help Line. We listen. We can find you help.
1-217-544-5808 or 1-888-727-5889 from 10 a.m. to 10 p.m. , 7 days a week.