

Carol Jo Vecchie Women & Children's Center at St. John's Children's Hospital

Pre-registration required for the following classes.

Call 217-744-2229.

Baby Care Basics, Wed., Nov. 4, & Tues., Dec. 1, 6-9 p.m., Bunn Auditorium

Dinner for Two—Breastfeeding Your Baby, Wed., Nov. 18 & Thurs., Dec. 10, 6-9 p.m., Bunn Auditorium

Marvelous Multiples, Thurs., Nov. 19, 6:30-8:30 p.m., CJVWCC Classrooms C & D

Welcome Baby Sibling Class, Mon., Nov. 2 & Mon., Dec. 7, 6:30-8 p.m., CJVWCC Classrooms C & D

First Steps: Moms Support Group, Wed, Nov. 4, 11, 25, Dec. 2, 9, 16, CJVWCC Classrooms A & B

Surgical Discovery Tour for Children, For pediatric surgical patients ages 3-14. Contact Susan at 217-544-6464, ext. 44625

Developing Relationships, Encouragement and Miracles (D.R.E.A.M.), for pediatric oncology patients, siblings, parents and caregivers. 217-544-6464 x 30594

For information on these classes and other support groups, call 217-535-3696, 217-544-6464, 217-757-6020 or log onto www.st-johns.org/education

Kid's Closet, 130 S. John St., Rochester, will donate 10% of the day's sales to Children's Miracle Network at St. John's Children's Hospital.

Sat., Nov. 7, 10 a.m.-4 p.m.

www.thekidscloset.net

Memorial Medical Center

Pre-registration required for the following classes. Unless otherwise noted, call 217-788-3333.

Mom and Baby Yoga Class, For moms & babies ages 6 weeks to pre-crawlers. 4-wk. session begins Nov. 4, \$44.

Babysitter Clinic, Sat., Nov. 7, 8:45 a.m. - 12 p.m. Boys and girls age 11 & older will learn how to care for a baby and what to do in case of emergency. Wedeberg Conf. Ctr. Free.

The Whys of Cries, Tues., Nov. 8, 7-9 p.m., Family Maternity Suites, Rm. G759

Get-Real Breastfeeding Guide, Tues., Nov. 17, 7-9 p.m. Family Maternity Suites, Room G759

I'm Going to Be a Big Brother/Sister, For ages 3-7. Sun., Nov. 15, New Salem Conf. Rm. 217-788-3352 to register

Living with Baby: Infant Safety Class, Wed., Dec. 2, 7-9 p.m., Family Maternity Suites, Room G759

Ongoing Classes/Support Groups: Adoptive Parents Class, Lactation Consultation, Lamaze Class, Mom/Baby Support Group Teen Pregnancy Class

For information on these classes and other support groups, call 217-788-3378. or log onto www.memorialmedical.com

Health and Nutrition Seminar, Sat., Nov. 7, 10 a.m., Abundant Faith Christian Center, 2525 Taylor Ave. Speakers: Jackie Joyner-Kersey & Lyle Johnson. Joyner-Kersey will also greet participants. Free.

Car Seat Safety Checkpoint

Sat., Nov. 6, 9-11:30 a.m., Zara's Collision Center, 3117 Wide Track Dr. Certified child passenger safety technicians will be check your car seat(s) and answer questions you may have. Bring your car seat(s), vehicle, vehicle owner's manual, and car seat instructions and the child who will be riding in the seat if possible. For appt. call 744-2229.

Pregnancy Care Center of Springfield, 700 N. 7th St.

Free services for pregnant and parenting women. 217-525-5630 to register for Lamaze classes.

Woman to Woman Mentoring Program

Once a month, day and time varies. Blessed Hope Educational Sessions, sponsored by Church-Parish Nursing Program, St. John AME Church-Annex, 1519 E. Capitol, call 217-523-3969 for next session.

Parent Place of Springfield — Relatives As Parents Network

Support group meetings for relative caregivers of minor children. Includes *free dinner and children's program*. 2nd & 4th Tues. each month, 6-8 p.m., First Baptist Church, 301 W. South Grand Ave. Call 753-8730 with number of attendees.

Depression & Bipolar Support Group

Tues. Nov. 10 & Dec. 8, 6:30-8:30 p.m., 801 N. Rutledge. The Central IL Chapter of DBSA offers a free peer-led support group for those affected by depression or bipolar disorder (including family & friends). Contact Rebecca at 414-7368.

Youth Discovery Challenge - Hands on Fun

Sat., Nov. 7, Lincoln Park, 5th & Sangamon. Children can make an art project, bounce a bubble, make a volcano or make their own snack. Free. 753-6224

IL State Museum 502 S. Spring Street, Spfld.

Super Saturdays. 2nd Sat. each month, 10 a.m. - 4 p.m. Themed activity days in A Place for Discovery for children ages 4-8 and their parents. Registration not required.

- **Nov. 14 - *That's Quite a Quilt!*** How are quilts made and why do people make them? Learn about the rich history of quilts in Illinois.
- **Dec. 12 - *Auld Abe Syne: an 1800s Holiday*** Learn of the different, old-fashioned traditions of the 19th century holidays.

Thanks-Giving Day

Sat., Nov. 21, 11 a.m. - 5 p.m. Kicks, 2744 S. Sixth St. Free admission and free activities for kids of all ages. Donate five canned goods for local pantry and receive one-\$5 game card. For more information, call 753-2000.

Henson Robinson Zoo 1100 E. Lake Drive, 753-6217, 10 a.m.-6 p.m. Regular admission unless otherwise noted.

- **Dec. 5-6, 11-13, 17-23, 26-27** *Holiday Lights at the Zoo* 5-8 p.m. A walking tour of the zoo decked out in thousands of lights. Hot chocolate in the gift shop. Bring a new unwrapped toy for Toys for Tots and get a free admission.

A few ideas to celebrate the season

- **Nov. 7:** *Santa Arrives at White Oaks Mall*
- **Nov. 7:** *Vachel Lindsay 130th Birthday Open House*, 603 S. 5th. Tours; birthday cake, heated tent in the back gardens; children's activities. Free.
- **Nov. 8:** *Veterans' Day Celebration at Lincoln Home National Historic Site*, Free.
- **Nov. 14:** 9 a.m.-8 p.m., & **Nov. 15**, 1-4 p.m. *Holiday Market at Lincoln Memorial Garden*. Wreaths, ornaments and other hand made items.
- **Nov. 14-Dec. 12:** *5th Annual Holiday Hall Exhibition and Sale*, SAA Gallery of Art, 700 N. 4th Street, Mon - Sat. 9 a.m.-5 p.m.
- **Nov. 21-29:** *Memorial's Festival of Trees*, Orr Building - Illinois State Fairgrounds. Over 100 decorated trees, wreaths and centerpieces, talented local entertainment, children's craft area and tasty treats. MemorialsFestivalofTrees.com
- **Nov. 27-Dec. 31:** *Christmas at the Dana-Thomas House*, 4th & Lawrence. Susan Dana-Thomas' 1904 holiday celebration. dana-thomas.org
- **Dec. 2,3,9,16 & 23:** *Old Capitol Holiday Walks*, downtown Springfield, 5-8 p.m. Holiday shopping, horse drawn trolley rides, Santa House and live entertainment. Free and open to the public.
- **Dec. 3-Jan. 7:** *Christmas with the Lincolns, Lincoln Home National Historic Site*. 8:30 a.m.-5 p.m. nps.gov/liho
- **Dec. 4:** *A Candlelight Concert with Illinois Chamber Orchestra*, St. Agnes Church. Experience the mood and music of the season with our annual Candlelight Concert. 7:30 p.m., www.ilsymphony.org
- **Dec. 5:** *Pancakes, Paws & Santa Claus* at Lincoln Greens Golf Course. Hosted by Henson Robinson Zoo. Enjoy a pancake breakfast & get a photo with Santa. 8:30-10:30 a.m. Registration required. 753-6217
- **Dec. 9:** *Springfield Jaycees/Ansar Shrine "Chillin' with Jack Frost" Holiday Parade*, 10 a.m. Downtown Springfield. Free.
- **Dec. 12:** 2 & 8 p.m. & **Dec.13**, 2 p.m., *The Nutcracker*, Sangamon Auditorium. Admission, 206-6160 or springfieldballetco.org
- **Dec. 13:** 4:30 - 5:30 p.m., *Caroling at the Carillon*, Washington Park. Sing Christmas carols around a bon fire. Souvenir song book. Cookies & hot cocoa. Free. 753-6219 or carillon-rees.org
- **Dec. 19:** 8-10 p.m., *Home for the Holidays*. IL Symphony Orchestra's annual Holiday Pops Concert, Sangamon Auditorium UIS. Admission. 206-6160
- **Dec. 31** beginning at 2 p.m. *First Night Springfield*. Family-friendly, alcohol free event. Free children's activities at Springfield High School all afternoon. At night, nearly 60 performances on 13 stages all around downtown. Admission. 753-3519 or springfieldartsco.org

For more listings of community events, visit the following websites:

<http://springfieldmoms.org>

<http://www.visit-springfieldillinois.com>

<http://www.illinoistimes.com>