

As your child grows, make sure he or she keeps learned skills while adding new skills.

If your child loses a skill or cannot do one or more skills, call Child and Family Connections at 1-217-793-3990 or 1-888-217-3505.



Look what I can do!

Check the skills your child can do.

By 1 month

- Raise their head slightly when lying on stomach
- Briefly watch objects
- Make noise in throat sounds

By 3 Months

- Lift their head and chest when lying on stomach
- Follow a moving person with their eyes
- Smile when someone speaks to them

By 6 months

- Sit with little support
- Roll from back to stomach
- Move object from one hand to the other
- Turn when they hear a sound

By 9 months

- Sit alone
- Crawl
- Say "mama" and "dada"
- Respond to name

By 12 Months

- Pull up to standing position
- Nod head "yes"
- Say 2-3 words
- Pick up an object with thumb and finger

By 15 months

- Walk without help
- Drink from cup held by someone else
- Feed self using fingers
- Say 4 or 5 words

By 18 Months

- Walk (maybe run a bit)
- Use 5-10 words
- Understand simple directions
- Mark on paper with crayon

By 2 Years

- Kick a large ball
- Turn pages of a book
- Ask for items by name
- Use 2 or 3 words together ("more juice")

By 2-1/2 years

- Catch a large ball
- Jump
- String Beads
- Match pictures
- Enjoy and looks at books

Remember: Babies born before full term — 40 weeks — may do skills later.

Call the Parent Help Line. We listen. We can find you help.
1-217-544-5808 or 1-888-727-5889 from 10 a.m. to 10 p.m., 7 days a week
or log onto www.parenthelpline.org